

Gratefulness to God



'I cried because I had no shoes until I met a man who had no feet'.

This is a quote from Helen Keller who was both deaf and blind.

Unfortunate! We overlook *what we have*, our advantages, privileges and blessings, and get too occupied by that *we don't have*. The sad result is, we meditate on the wrongs we suffered, lick our hurts, and berth bitterness and complaints. Alas, we dwell on the dark side of life, altogether missing its bright side!

Oh, how essential to consider, meditate and wonder at all that we are provided and blessed with! Call them to heart and consciously praise as David did, 'Bless the Lord O my soul, and all that is within me... forget none of His benefits...'

See, thankfulness brings light and clarity into your spirit; complaints bind you up in darkness, and blind you altogether. Hence, exercise yourself to be thankful!